## MILITARY FAMILY LIFE COUNSELOR (MFLC)

Military families face unique challenges. They may struggle with issues such as deployment-related stress, reintegration and pressures of managing parenting and finances while a loved one is deployed. Provides short-term, non-medical counseling services to members and their families at no-cost. Provides psychoeducation to help military service members and their families understand the impact of deployment and other stresses related to life in the military

## **Contact Us**

**Location:** 8105 Condor St. Bldg. 18 MacDill AFB, FL 33621

**Hours:** 8:00 a.m. to 4:00 p.m.

**Telephone:** (813) 816-3061, (813) 998-4519 **E-mail:** macdilladultmflc@srimflcteam.com

Website: https://macdillfss.com/military-family-readiness/